

ATHLETE ELIGIBILITY CRITERIA

Sport Canada Athlete Assistance Program Carded Sports, Only

Level	Eligibility Criteria
Podium	<ul style="list-style-type: none"> Podium Canada Target Athlete List
Canadian Elite	<ul style="list-style-type: none"> Sport Canada Carded Athlete – SR, C, D
Canadian Development (served by home Canadian Sport Centre only)	<ul style="list-style-type: none"> Senior National Team Members not carded Junior or Developmental National Team Members
Provincial Development (served by home Canadian Sport Centre only)	<ul style="list-style-type: none"> Athletes from Targeted Sports – as designated by Provincial Sport Organization (PSO)

Please note that this document is subject to change

CANADIAN SPORT CENTRE SASKATCHEWAN

Level	Eligibility	Minimum Services and Benefits
Podium	Podium Canada Target Athlete List	<ul style="list-style-type: none"> • Individualized Performance Service Support • CSCS Medical Reimbursement Program • GymFit Pass • Life Services • Support Services
Canadian Elite	Sport Canada Carded Athletes – SR, C, D	<ul style="list-style-type: none"> • Performance services through a PSO agreement • CSCS Medical Reimbursement Program • GymFit Pass • Life Services <p>Individual Athlete Base Service:</p> <ul style="list-style-type: none"> • Performance Services • CSCS Medical Reimbursement Program • GymFit Pass • Life Services • Support Services
Canadian Development	<ul style="list-style-type: none"> • Non-Carded Senior National Team Members • Junior or Developmental National Team Members 	<ul style="list-style-type: none"> • Performance services through a PSO agreement • CSCS Medical Reimbursement Program • GymFit Pass • Life Services <p>Individual Athlete Base Service:</p> <ul style="list-style-type: none"> • Limited Performance Services • CSCS Medical Reimbursement Program • GymFit Pass • Life Services • Support Services
Provincial Development	Designated Training Group Athletes	<ul style="list-style-type: none"> • Performance services through a PSO agreement delivered in group sessions • Life Services • Support Services

ELIGIBLE SPORTS

Athletes that compete in Olympic and Paralympic sports or sports that meet Sport Canada Athlete Assistance Program eligibility criteria are eligible to receive services provided they are Athlete Assistance Program carded and/or they are identified by the Provincial Sport Organization as part of a service agreement.

REGISTERING WITH THE CSCS

To access the services athletes must be nominated by their Provincial or National Sport Organization. Each year an athlete must complete an intake (or retake) interview and provide up-to-date information for the database. Intake interviews can be arranged by the coach for a group session or delivered as a one-on-one session for identified athletes.

TYPES OF SERVICES

Sport Science

- Strength and Conditioning
- Exercise Physiology
- Nutrition
- Mental Performance Consulting

Life Services

- Game Plan - Athlete Career and Transition Counselling
- Tutoring Support
- Personal Counselling
- Workshops

Sport Medicine

- Physiotherapy
- Massage Therapy
- Athletic Therapy

Support Services

- AthletesCAN
- Self-Marketing Support
- Resume Building Support

CONTACT

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