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SPORT CANADA CARDED PARA ATHLETES NEEDED FOR RETIREMENT EXPERIENCES STUDY

What has your experience been retiring from high performance sport?

We want to hear from you! Let us know about your transition from high performance sport as an athlete who experiences disability. We hope to better understand para athletes experiences of retirement from sport and their needs when accessing transition resources.

We are looking for participants who:

- Have competed in high-level para sport
- Are over the age of 18 years
- Have accessed Game Plan services
- Are able to read, write and communicate in the English language

For more information please contact Jessica Ferguson (HPCTL student) at jferg@student.ubc.ca

Please note, if you choose to comment, like or follow this post, you will be publicly identified with the study.

Principal Investigator: Dr Andrea Bundon; REB # H22-03333



Re. Opportunity to Participate in Research Study: Retirement Experiences of Para Sport Athletes

I'm Jessica- a Masters student at the University of British Columbia working under the supervision of Dr. Andrea Bundon and David Hill in the School of Kinesiology. I am writing to you regarding an exciting study we are conducting which aims to gain insight into the retirement experiences of para athletes and to learn more about how they access Game Plan services and to identify unique needs that may impact their experiences with these services. This will help us to address how retirement programs are designed to support the needs of individuals experiencing disability. We would like to hear from para athletes who have accessed Game Plan services and we are also looking to speak to Game Plan advisors. Participation in this study will involve taking part in a 1-on-1 interview over Zoom (approximately one hour).

We don't know enough about the specific experiences of para athletes when it comes to retiring from high performance sport careers. This study is really important as it will help us to learn more about the experiences of para athletes so that we can begin to identify strategies to address the challenges they face and provide recommendations to improve transition programs and services.

If you are interested in participating, or know someone who might be, we would appreciate if you could share our project information with other para athletes and/ or Game Plan advisors. We would be happy to answer any questions or provide further information.

For more information, you can contact myself at 780-850-1345 or jferg@student.ubc.ca

Thank you for taking the time to share information about our study.

Sincerely,

Jessica Ferguson
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(780)850-1345