

# Canadian Sport Centre Saskatchewan Athlete Eligibility Criteria – AAP Carded Sports ONLY

January 2020

Level	Eligibility Criteria
<b>Podium</b>	◆ Podium Canada Target Athlete List
<b>Canadian Elite</b>	◆ Sport Canada Carded athlete – SR, C, D
<b>Canadian Development</b> (serviced by home CSC only)	◆ SR National Team members not carded ◆ JR or Developmental National Team Members
<b>Provincial Development</b> (serviced by home CSC only)	◆ Athletes from Targeted Sports – as designated by Provincial Sport Organization (PSO)

\*Please note that this document is a “DRAFT” and is subject to change

Level	Eligibility	Minimum Services and Benefits
<b>Podium</b>	Podium Canada Target Athlete List	<ul style="list-style-type: none"> <li>• Individualized Performance Service Support</li> <li>• CSCS Medical Reimbursement Program</li> <li>• GymFit Pass</li> <li>• Life Services</li> <li>• Support Services</li> </ul>
<b>Canadian Elite</b>	Sport Canada Carded Athletes	<ul style="list-style-type: none"> <li>• Performance services through a PSO agreement</li> <li>• CSCS Medical Reimbursement Program</li> <li>• GymFit pass</li> <li>• Life Services</li> </ul> <p><b>Individual Athlete Base Service:</b></p> <ul style="list-style-type: none"> <li>• Performance Services</li> <li>• CSCS medical reimbursement program</li> <li>• GymFit pass</li> <li>• Life Services</li> <li>• Support Services</li> </ul>
<b>Canadian Development</b>	<ul style="list-style-type: none"> <li>• Non-Carded SR National Team Members</li> <li>• JR or Developmental National Team Members</li> </ul>	<ul style="list-style-type: none"> <li>• Performance services through a PSO agreement</li> <li>• CSCS Medical Reimbursement Program</li> <li>• GymFit pass</li> <li>• Life Services</li> </ul> <p><b>Individual Athlete Base Service:</b></p> <ul style="list-style-type: none"> <li>• Limited Performance Services</li> <li>• CSCS Medical Reimbursement Program</li> <li>• GymFit pass</li> <li>• Life Services</li> <li>• Support Services</li> </ul>
<b>Provincial Development</b>	Designated Training Group Athletes	<ul style="list-style-type: none"> <li>• Performance services through a PSO agreement delivered in group sessions</li> <li>• Life Services</li> <li>• Support Services</li> </ul>

## Eligible Sports

Athletes that compete in Olympic and Paralympic sports or sports that meet Sport Canada Athlete Assistance Program (AAP) eligibility criteria are eligible to receive services provided they are AAP carded and/or they are identified by the Provincial Sport Governing Body as part of a service agreement.

## Registering with the CSCS

To access the services athletes must be nominated by their provincial and/or national sport governing body. Each year an athlete must complete an intake (or retake) interview and provide up to date information for the database. Intake interviews can be arranged by the coach for a group session or delivered as a one on one session for identified athletes.

- **Saskatoon Office:** 510 Cynthia Street
  - Michelle Dezell – High Performance Sport
  - mdezell@sasksport.ca (306) 975-0861
- **Regina Office:** 2205 Victoria Avenue
  - Kia Schollar – Athlete Services
  - kschollar@sasksport.ca (306) 780-9301

## Types of Services:

- **Performance Services**
  - **Sport Science**
    - Strength and Conditioning
    - Exercise Physiology
    - Nutrition
    - Mental Training (Sport Psychology)
  - **Sport Medicine**
    - Physiotherapy
    - Massage Therapy
    - Athletic Therapy
    - Other

### Life Services:

Game Plan – Athlete Career & Transition Counselling  
Tutoring Support  
Personal Counselling  
Workshops

### Support Services

Athletes CAN  
Pfizer Product Support  
Self-Marketing Support